



**Labour
in Europe**
European Parliamentary Labour Party



Group of the Progressive Alliance of
Socialists & Democrats
in the European Parliament

‘Moving Towards Mental Wellbeing’

Uniting Culture and Health

22nd May 2018, 16h -18h, Room P3C050,
European Parliament, Brussels.

Clare Moody MEP, Julie Ward MEP and The Dance & Creative Wellness Foundation are delighted to invite you to ‘Moving Towards Mental Wellbeing’, an informative forum highlighting innovation in preventative mental health through dance.

Dance has an essential role to play in positive health. Backed by evidence-based research, The Dance & Creative Wellness Foundation promotes adapted dance interventions and the training of dancers to deliver effective, creative approaches that enhance health and mental wellbeing. Such interventions are primed to provide a much needed ‘buffer’ for our healthcare systems as they support positive health, preventing against deterioration to more serious mental health complications and the need for specialist treatment.

Speakers include:

Julie Ward MEP (UK) - for the NW England region for the Labour Party. Committee on Culture and Education.

Annabelle Couillandre (Fr) - Associate Professor Université Paris Nanterre.

Tim Joss (UK) - Chief Executive & Founder, Aesop - Arts Enterprise for a Social Purpose.

Begoña San José (Fr) - Clinical Psychologist, Head of health partnerships & business development, Axa France.

Dr Andrew McWilliams (UK) - NIHR-funded Academic Clinical Fellow S. London & Maudsley NHS Foundation Trust & Institute for Psychiatry, Psychology and Neuroscience, King’s College London.

Clare Guss-West (CH) - Director & Co-Founder Dance & Creative Wellness Foundation, Netherlands. Dancing Longevity® Specialist dance for Older Adults

Andrew Greenwood (NL) - Director & Co-Founder Dance & Creative Wellness Foundation, Netherlands. Director, Switch2Move, Specialist dance & special needs.

Eldridge Labinjo (NL) - DX3LAB, Director Dance & Creative Wellness Foundation.

Join us for an inspirational session in which we demonstrate and debate the benefits both financial and social of developing dance as an intervention for mental wellness.

Thank you,

Clare Moody (MEP), Julie Ward (MEP),
Eldridge Labinjo, Andrew Greenwood & Clare Guss-West (Dance & Creative Wellness)

Formal RSVP please by 1st May 2018 to: clare@danceandcreativewellness.com



For Access to the Parliament building participants should please provide the following information with the RSVP reply email to: clare@danceandcreativewellness.com

OR alternatively,

Complete and mail the security details below directly to clare@claremoodymep.com

Name of MEP/	Clare MOODY	Date of Visit: 22.05.2018
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Family Name (Block Capitals)	First name	Date of birth	Nationality	Type of ID card	N° ID card
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